

March 2010

Menus Subject to Change Without Notice Milk served with meal.



Mon	Tue	Wed	Thu	Fri
1 Sweet 'n Sour Meatballs Steamed Rice Oriental Blend Vegetable Chinese Cabbage Salad Muffin Vanilla Pudding/ Fortune Cookie	2 Spaghetti/Meat Sauce Italian Vegetable Tossed Salad/White Beans Bread Stick Banana Cream Pie	3 Birthday Party Roast Turkey Dressing/Gravy Sweet Potatoes Green Beans Fruit Cup Whole Wheat Roll Cake and Ice Cream	4 Beef Pot Pie Pickled Beets Dry Jello Salad Biscuit/Jam Blueberry Cheesecake	5 Oven Baked Chicken Fish Baked Potato/Sour Cream Broccoli/Cauliflower Blend Cole Slaw Whole Wheat Bread Peaches
8 Shepherd's Pie Steamed Carrots Whole Wheat Roll Stewed Tomatoes Cook's Choice Des- sert	9 Chicken Noodle Soup/Crackers Turkey/Swiss on Rye Pickles/Olives Tropical Fruit Cup Cookie	10 Meat Loaf Mashed Potatoes/ Gravy Brussels Sprouts Tossed Salad/Kidney Beans Biscuit Fresh Fruit	11 Myer's Day Russian Chicken Steamed Rice Scandinavian Blend Pea Salad Whole Wheat Roll Apple Crisp	12 Pork Roast Fish Mashed Potatoes/ Gravy Spinach 3 Bean Salad Muffin Pudding
15 Gillies Dollar Day Chicken Cordon Blew Rice Pilaf German Blend Vegetable Spinach Salad Whole Wheat Bread Strawberry Shortcake	16 Hot Turkey Salad Country Blend Vegetable Cottage Cheese/Pineapple Salad Biscuit Fresh Fruit	17 St. Patrick's Day Corned Beef Cabbage Red Potatoes Corn Muffin Fruited Green Jell-o Grasshopper Pie	18 Swedish Meatballs Steamed Rice Peas and Carrots Tossed Salad/ Garbanzo Beans Whole Wheat Roll Lemon Bar	19 Turkey Steak Fish Mashed Potatoes/ Gravy Capri Blend Veggie Carrot Raisin Salad Biscuit Pumpkin Square
22 Chicken Tortellini Peas & Carrots Fruited Coleslaw Biscuit/Jam Brownie	23 Seafood Pasta Salad Fresh Veggies/Dip Blueberry Muffin Fruit Cup Cookie	24 Veal Parmesan Pasta with Marinara Sauce Italian Blend Caesar Salad Garlic Toast Cook's choice Dessert	25 Salisbury Steak Mashed Potatoes Spinach Creamy Cucumbers Whole Wheat Roll Fruit	26 Roast Beef Fish Mashed Potatoes/ Gravy Broccoli Tossed Salad Whole Wheat Bread Spicy Peach Crisp
29 Baked Ham Au Gratin Potatoes Français Blend Roll	30 Combination Burrito Smothered with Chicken Green Chili Guacamole Green Beans Tossed Salad/Black Beans Corn Muffin Cookie	31 Swiss Steak Noodles Peas and Pearls Marinated Carrots Biscuit Banana Bar	Please Sign up for lunch One day In Advance To ensure you have a meal available. 723-3303	Brunch & Learn Cinnamon Roll Sausage Links Fruit Cup Milk